

BECOME AN EXTRAORDINARY COACH

Group & One-to-one Mentor Coaching

Deep Dive Development for Professional Growth

Achieve International Coach Federation Credentialing (ICF)

Associate, Professional & Master Certified Coach Credential

(ACC, PCC, MCC)



CoachME SUPERvision
BECKETT
McINROY

CCE
ICF CONTINUING
COACH EDUCATION
ICF

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Overview

Are you working towards as ICF Credential?

Do you require 10 hours of Mentor Coaching or Continued Coach Education units (CCE) to renew your ICF credential?

Are you already a credentialed Coach ready to coach at your edge?

Do you want to learn from dedicated experienced Master Certified Coaches & Coach Trainers?

Do you want to stand out as a competent & impactful Coach who your clients recommend to their colleagues & friends?

We will support you in growing your coaching practice with confidence & expertise.

If the answer is YES! then CoachME's live online or in person Mentor Coaching programme is for you. We will support you every step of the way towards renewing or stepping-up your credential – ACC, PCC or MCC!

CoachME's global highly experienced team of ICF MCCs & PCCs, with PCC Marker Training & Certifications in Mentor Coaching are ready to understand your needs then partner with you in realising them.

What Is Mentor Coaching?

Mentor Coaching is when a more experienced coach provides Mentoring, feedforward, coaching, and target setting for you on your coaching using, for example, the ICF Competencies and Markers for benchmarking purposes.

We partner with you through a live observation followed by Mentor Coaching, by sharing MCC and PCC recorded sessions from our Faculty and we also ask you to share recordings of coaching sessions in advance of the Mentor Coaching. All the CoachME Mentor Coaches have had ICF and/or CoachME training in Mentoring and assessment of coaching sessions as well as observations on their Mentor Coaching.

We provide Mentor Coaching in a collaborative style drawing on our years of experience and coach training. What's important to us is not just the assessment of your coaching, but also the results you wish to achieve in your chosen timescale, as well as a best-fit relationship that supports psychological safety which is needed for growth and development. For ICF credentialing purposes the focus is on growing your coaching capability specifically related to the ICF Core Competencies so that you become the best coach you can be in service of your clients.

ICF require 10 hours of Mentor Coaching with at least 3 hours being one-on-one for credentialing purposes. Our group Mentor Coaching package provides 7.5 hours of group Mentor Coaching as well as 3 hours one-on-one.

You can also choose 10 hours of one-on-one Mentor Coaching OR 3 hours of one-to-one Mentor Coaching*. ICF state that Mentor Coaching has to take place over a period of 3 months.

Why Choose CoachME Mentor Coaches?

Our team of Professional Certified Coaches (PCC) and Master Certified Coaches (MCC) are members of the ICF Mentor Coach Registry, PCC Marker Trained, and many are also Certified Coach SUPEERvisors and Coach Trainers as well. We provide Mentor Coaching in small groups targeting specific levels (moving to ACC, from ACC to PCC and from PCC to MCC) and on a one-on-one basis. We also share periodically focused sessions targeting specific competencies which can be attended ad-hoc.

We have all been assessed by Dr Clare Beckett-McInroy EdD, MAEd, ICF MCC & ACTC, EMCC MP & ESIA, ICP-ACC on our Mentor Coaching using the ICF Mentor Coaching competencies. This is a rigorous ongoing process so that we, as a team, all continue to learn and increase the quality of our practice together.

What's most important is we are highly experienced in enabling Coaches to understand and navigate the landscape of credentialing with numerous professional coaching bodies. We partner with you for the whole journey.

Commitment

Our programme consists of 7.5 hours of group mentor coaching in live person or live online plus 3 hours of one-to-one Mentor Coaching.

You will also get access to complementary recordings of our ICF Master Certified Coaches coaching participants so you can learn from their skills, knowledge & behaviours.

Why Choose CoachME?

Our global team will provide you with a proven Mentor Coaching formula co-created with highly experienced Certified Mentor Coaches who are ICF MCC, EMCC MP & SP, ICF Registered Mentor Coaches as well as being EMCC ESIA (Accredited SUPERvisors). All our team have at least 10 years of experience in Mentor Coaching, hundreds of hours of practice & we have led over 50 groups with an excellent track record.

During this programme we Coach Mentor you with a focus on supporting you to perform the core competencies & PCC Markers, whilst stepping into masterful coaching. We also support you in preparing for the ICF Credentialing Examination with skill & ease.

You can choose from Group Mentor Coaching, a combination of group & one-to-one Mentor Coaching, or all one-to-one sessions, for maximum learning impact for ICF credentialing & renewal requirements.

We provide an experiential format where you learn & critique strengths & development areas of your own & the group's recording sometimes in the session & other times in advance mapping & grading using the PCC & MCC markers as well as ICF Core & Team Coaching competencies.

Mentor Coaching is offered one-to-one & in groups in a number of languages & we also share with you further optional resources including reading & MCC recordings.

WHY MENTOR COACHING?

Why Mentor Coaching?

There are several reasons that coaches dive into Mentor Coaching. Here are just a few:

- To provide professional assistance to help coaches accomplish and demonstrate the levels of competency required by the desired ICF credentialing level.
- To practice, in the moment, ways to demonstrate, for example, increased presence or more effective questioning.
- To provide a space for reflection and professional development opportunities.
- To enable a coach to grow in confidence regardless of credentialing!
- To support action planning and accountability approaches.

One-to-One Mentor Coaching

One-to-one Mentor Coaching sessions involve an individualised process which includes the following steps:

- A preliminary discussion takes place to establish the coaches' desired result, rationale, learning preferences and timescale.
- The coach will be asked to share a recorded session of between 35 and 60 minutes in advance. On occasions live coaching may be used as an alternative.
- The coach will be asked to listen to their recording again and map their performance against the ICF Core Competencies on our pro forma.
- A CoachME Mentor will listen to the recording prior to the Mentor Coaching session whilst also completing our thorough assessment pro forma.
- The Mentor Coaching session takes place in person or online live usually via ZOOM where a discussion of the coaching session and agree targets for improvement are co-created.
- Indicators for progress checks are created and further session dates are planned.

One-to-one sessions are arranged at mutually agreed times and we work as accountability buddies to keep you heading in your desired direction.



What is Needed for the ICF Credentialing Process?

Mentor Coaching should take place over an extended time (three-month minimum) in a cycle that allows for listening and feedback from the Mentor Coach while also allowing reflection and practice on the part of the individual being Mentored.

3 hours or more of one-to-one and 7 hours or more of group Mentor Coaching are required by ICF for credentialing purposes. This can also be 10 hours of one-to-one sessions.

On the online credential application, you will list the name of each Mentor Coach, the Mentor Coach email address, the credential level of the Mentor Coach, the start and end date of each Mentoring relationship, and the number of hours of coaching from each Mentor. You are not required to provide documentation from your Mentor Coach, but your Mentor Coach should be able to confirm that the Mentoring took place. We are often asked by ICF to confirm the hours and names of those we have Mentor Coached.

We love Mentor Coaching because we always learn as well. Take the bull by the horns and contact Lea our Office Manager on office@beckett-mcinroy.com today to book your session!

We provide Mentor Coaching in a number of languages including English, French, Arabic, Farsi, German and many other languages too.

What You Receive

- 10.5 hours of Mentor Coaching mapped to the ICF accreditation requirements under the ACSTH route with two experienced coaches & coach mentors with hundreds of hours of experience.
- Coaching SUPERvision & feedback from Master Certified Coaches on your areas of strength & development
- Experiential, contextually based activities to bring the competencies to life
- Reflective journaling to deepen your learning & lock in the competencies
- Peer-to-peer live coaching experience
- Coach recordings to listen to before sessions
- Numerous worksheets & forms for assessing the recordings from the group
- Ongoing support from Certified Mentor Coaches & peers
- Practice sample questions for the ICF Credentialing Examination
- The CoachME Community of graduates who have successfully completed the programme to continue to expand your coaching consciousness
- Powerful exercises to solidify & expand skills
- Understanding the requirements for ICF certification application
- Understanding of the Coach Knowledge Assessment (CKA) expectations
- 7.5 hours of group mentoring online (maximum 7 participants in the group)
- 3 hours one-to-one Mentor Coaching
- Access to recordings of an ICF Master Certified Coach coaching participants to learn the way to 'do' coaching & 'be' a Coach

What You Receive

- 10.5 hours of Mentor Coaching in total
- 1.5 hours of Group Mentor Coaching for 5 weeks (7.5 hours in total)
- Invitation to share your recordings with the group & the Mentor Coaches to gain evaluation feedback
- Opportunity to listen to recordings prior to the Group Mentor Coaching sessions & 5 ICF CCE evidenced through a Certificate for the time spent assessing recordings
- Numerous materials & materials for assessing recordings (ICF Core Competencies, PCC markers, CoachME assessment form)
- MCC recordings to explore & assess
- Detailed 'rating' & 'narrative' written feedback
- 3 hours of one-to-one Mentor Coaching with one of our 5 MCCs or 11 PCCs who have a Mentor Coaching Certification, are ICF Registered Mentor Coaches, & ICF's PCC Marker Training with 100% track
- Support & challenge over a 3 month time frame (longer if required*)

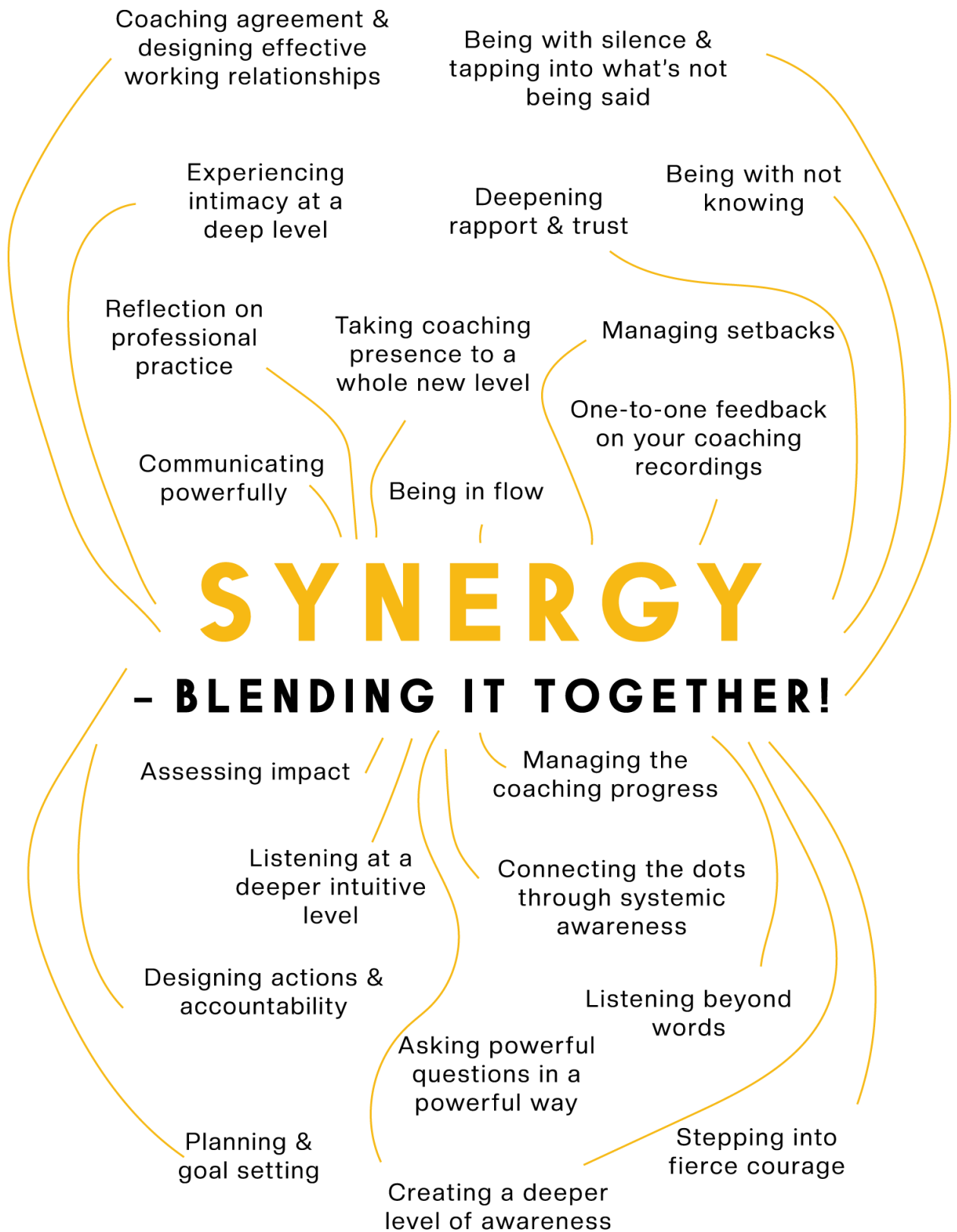
*We offer additional one-to-one Mentor Coaching to be assessed recordings on top of the 10.5 hours included in the package at an investment of pre recording with 1 hour feedback at an additional charge.

What You Will Gain

In this established, intensive & interactive programme will enable you to:

- Grow in confidence in using the ICF Core & Team Coaching Competencies
- Notice & work with your own 'blind spots' in coaching
- Acquire higher level skills for powerful questioning & deep listening - listening beyond words
- Connect with your intuitive
- Build psychological safety with the Client
- Prepare for application to the International Coach Federation ACC, PCC or MCC Credentials
- Be fully prepared for the ICF Credentialing Examination.

What Is the Focus?



ADDITIONAL BENEFITS

Additional Benefits For CoachMe's Participants

- MCC only groups available
- Programmes provided in a range of languages
- Acquire skills, knowledge and behaviours in a safe learning environment with non-coach Clients to practice with (not just coaching each other)
- Receive verbal and written core competency feedback
- Learn distinctions between credential by listening to different levels of coaching

Arrange a chat with one of our team today: Contact Lea
office@beckett-mcinroy.com

COMMENDATIONS

"I am incredibly grateful for the guidance & support provided by my Mentor Coach Dr Clare in achieving my MCC credentials from ICF. Her expertise & dedication to my development as a coach was invaluable in helping me reach this important milestone in my career. Her support also made me a more effective coach for my clients. I highly recommend Dr Clare as a Mentor Coach to anyone looking to grow and create impact as a professional coach."



Polivas Petrauskas MCC

"Working with Dr. Laurence Brown for mentoring during my ACC renewal was great. He excels at affirming strengths and clearly, gently offering areas for improvement. I specifically learned more about leaving more space and being more concise in my questioning."



David Finrock, MA, ACC

COMMENDATIONS

"Mentor coaching with the BECKETT MCINROY team members blew my mind. It has been both incredibly supportive and eye-opening. The experienced and skilled mentors helped me to recognise and build on my strengths whilst fine-tune a few areas of improvement. Priceless!."



Britta Wulfekammer ACC

"I have had the immense chance to work with many professionals in the field of coaching and I can say that Dr Laurence's level of generosity and commitment to the coachee's learning is beyond any expectation. The education offered broadened my creative process exponentially. I definitely recommend him as a Mentor Coach."



Noura Bougatef

"Caroline was one of my Mentor Coaches for my MCC credential and was working on behalf of BMC. It was an amazing journey with her, I felt comfortable, relaxed and so much more confident about submitting my MCC application. Her comments and targets were exactly the same as those from the ICF assessor! I am so grateful to have had caroline as one of my Mentor Coaches. Thank you for the amazing sessions!"

Anita Seman MCC
Jakarta, Indonesia

About the CoachME Founder and Coach Training Programmes Creator: Dr. Clare Beckett-McInroy EdD, MCC, ESIA, MP, ACTC

CoachME founder and instructional designer, Dr Clare is an experienced ICF MCC, ACTC and Registered Mentor Coach, EMCC Master Practitioner and Accredited SUPERvisor (ESIA). She is presently co-leading Research and Outreach with Association of Coaching SUPERvisors (AoCS), a role that supports her



staying abreast of trends in the field. She is a Certified Agile Coach having honed her Coaching SUPERvision skills at Henley Business School (University of Reading), Transcend, David Clutterbuck Partnership and Bluesky International and with some of the leading SUPERvisors, Professor Peter Hawkins, Nick Smith, Hilary Lines, Jonathan Passmore, Craig McKinsey and Lise Lewis. She created this programme, mapped to the CoachME SUPERvision Model, combining learning from multiple experiences of SUPERvision, including Team Coaching SUPERvision, One-on-one, Group SUPERvision and Shadow Consulting. Clare is a SUPERvisor for Henley Business School clients, is an Associate of Renewal Associates and a Team Coaching SUPERvisor for Team Coaches in training with Global Team Coaching Institute with World Business and Education Coaching Summit (GTCI/WBECS). Clare has published over 50 articles and 5 books, one of which 'Creative Reflective Practice' is now a required reader on numerous post graduate coaching and SUPERvision programmes. BECKETT MCINROY / CoachME partner with Heriot Watt University providing SUPERvision for their students and supports not-for-profits with complementary SUPERvision and Systemic Team Coaching.

THE TEAM



Sameera Ali Baba

ICF MCC, EMCC SP & ESIA

Systemic Business, Executive and Team Coach |
BECKETT MCINROY / CoachME Director of Learning |
TAP360 Professional User | Lead Trainer | SCRUM
Master II | Registered ICF Mentor Coach | PCC
Assessor Trained



Caroline Beckett

ICF MCC

Senior Executive Coach BECKETT MCINROY /
CoachME | Registered ICF Mentor Coach | PCC
Assessor Trained



Iman Abrishamci

ICF MCC

BECKETT MCINROY / CoachME Senior Systemic
Leadership and Team Coach | TAP360 Professional
User | Registered ICF Mentor Coach | PCC Assessor
Trained

THE TEAM



Anitawati Seman

ICF MCC, MA

MCC, MA, BA | Executive Coach | Mentor Coach | ICF PCC Marker Trained | Life Coach | Health Coach



Dr Laurence Brown

ICF PCC

BECKETT MCINROY / CoachME Senior Systemic Executive and Team Coach | Certified SUPERvisor | TAP360 Professional User | Registered ICF Mentor Coach | PCC Assessor Trained



Mark Bowles

ICF PCC

Graduate Certificate in Executive Coaching from Royal Roads University | Certified Professional Mentor Coach | ICF PCC Assessor | Certified CoachME Systemic Team Coach | Licensed to facilitate the CoachME TAP360 Team Profile Advanced Assessment

AWARD WINNING SERVICE





الجامعة العربية المفتوحة
Arab Open University



BIBF
LEADING EXCELLENCE

SULTANATE OF OMAN
MINISTRY OF EDUCATION



إبراهيم خليل كانو (BSC:G)
EBRAHIM K. KANOO BSC(G)



DULWICH COLLEGE



الجامعة الأهلية
AHLIA UNIVERSITY
BAHRAIN



YOKOGAWA



محكمة قطر الدولية
ومركز تسوية المنازعات

QATAR INTERNATIONAL COURT
AND DISPUTE RESOLUTION CENTRE



Industry can do it



معهد الإدارة العامة
Institute of Public Administration



بنك البحرين
BAHRAIN DEVELOPMENT BANK



Doha
Chapter

شركة مطار البحرين
bahrain airport company



Morrisons
Since 1899



International
Coaching
Federation



بنك الإسكان
Housing Bank



الاتحاد
ETIHAD
AIRWAYS



بنك البحرين والكويت



مركز قطر للمال
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