



# 1-6 Programme Timetable (ICF 1&2)

September 10th 2023 to  
January 14th 2024

*\*Dates and timings are subject to change according to the group agreement.*

**CoachME**  
Enabling Potential...

## Level 1-4 ICF level 1

CoachME  
**CMFC**  
Foundation Coach

CoachME  
**CMPC**  
Practitioner Coach

CoachME  
**CMOC**  
Organisational Coach



Date	Time	Session No	Duration
10 September 2023	London 5.30 pm – 7.30- pm Qatar 7.30 pm - 9.30 pm	Introduction Session (about the programme, timings, zoom platform, Q&A) Session 1	120 minutes
12 September 2023	London 5.30 pm – 8.00 pm Qatar 7.30 pm – 10.00 pm	Session 2	150 minutes
17 September 2023	London 5.30 pm – 8.00 pm Qatar 7.30 pm – 10.00 pm	Session 3	150 minutes
19 September 2023	London 5.30 pm – 8.00 pm Qatar 7.30 pm – 10.00 pm	Session 4	150 minutes
24 September 2023	London 5.30 pm – 8.00 pm Qatar 7.30 pm – 10.00 pm	Session 5	150 minutes

## Level 1-4



Date	Time	Session No	Duration
26 September 2023	London 5.30 pm – 7.30- pm Qatar 7.30 pm - 9.30 pm	Session 6	150 minutes
1 October 2023	London 5.30 pm – 8.00 pm Qatar 7.30 pm – 10.00 pm	Session 7	150 minutes
3 October 2023	London 5.30 pm – 8.00 pm Qatar 7.30 pm – 10.00 pm	Session 6	150 minutes
8 October 2023	London 5.30 pm – 8.00 pm Qatar 7.30 pm – 10.00 pm	Session 9	150 minutes
10 October 2023	London 5.30 pm – 8.00 pm Qatar 7.30 pm – 10.00 pm	Session 10	150 minutes

# Level 5



Date	Time	1-6 Session No	Level 5 Session No	Duration
15 October 2023	London 5.30 pm – 7.30- pm Qatar 7.30 pm - 9.30 pm	Session 11	1	150 minutes
17 October 2023	London 5.30 pm – 8.00 pm Qatar 7.30 pm – 10.00 pm	Session 12	2	150 minutes
22 October 2023	London 5.30 pm – 8.00 pm Qatar 7.30 pm – 10.00 pm	Session 13	3	150 minutes
24 October 2023	London 5.30 pm – 8.00 pm Qatar 7.30 pm – 10.00 pm	Session 14	4	150 minutes
29 October 2023	London 4.30 pm – 7.00 pm Qatar 7.30 pm – 10.00 pm	Session 15	5	150 minutes

# Level 5

Part of ICF level 2



Date	Time	1-6 ACTP Session No	Level 5 Session No	Duration
31 October 2023	London 4.30 pm – 7.00 pm Qatar 7.30 pm – 10.00 pm	Session 16	6	150 minutes
5 November 2023	London 4.30 pm – 7.00 pm Qatar 7.30 pm – 10.00 pm	Session 17	7	150 minutes
7 November 2023	London 4.30 pm – 7.00 pm Qatar 7.30 pm – 10.00 pm	Session 18	8	150 minutes
12 November 2023	London 4.30 pm – 7.00 pm Qatar 7.30 pm – 10.00 pm	Session 19	9	150 minutes
14 November 2023	London 4.30 pm – 7.00 pm Qatar 7.30 pm – 10.00 pm	Session 20-Supervision	10	150 minutes

## Level 6

ICF Level 2



Date	Time	1-6 Session No	Level 6 Session No	Duration
19 November 2023	London 4.30 pm – 7.00 pm Qatar 7.30 pm – 10.00 pm	Session 21	1	150 minutes
21 November 2023	London 4.30 pm – 7.00 pm Qatar 7.30 pm – 10.00 pm	Session 22	2	150 minutes
26 November 2023	London 4.30 pm – 7.00 pm Qatar 7.30 pm – 10.00 pm	Session 23	3	150 minutes
28 November 2023	London 4.30 pm – 7.00 pm Qatar 7.30 pm – 10.00 pm	Session 24	4	150 minutes

## Level 6



Date	Time	1-6 Session No	Level 6 Session No	Duration
3 December 2023	London 4.30 pm – 7.00 pm Qatar 7.30 pm – 10.00 pm	Session 25	5	150 minutes
5 December 2023	London 4.30 pm – 7.00 pm Qatar 7.30 pm – 10.00 pm	Session 26	6	150 minutes
10 December 2023	London 4.30 pm – 7.00 pm Qatar 7.30 pm – 10.00 pm	Session 27	7	150 minutes
12 December 2023	London 4.30 pm – 7.00 pm Qatar 7.30 pm – 10.00 pm	Session 28	8	150 minutes



# Level 6



Date	Time (Bahrain Time)	1-6 Session No	Level 6 Session No	Duration
7 January 2024	London 4.30 pm – 7.00 pm Qatar 7.30 pm – 10.00 pm	Session 29	9	150 minutes
9 January 2024	London 4.30 pm – 7.00 pm Qatar 7.30 pm – 10.00 pm	Session 30	10	150 minutes
14 January 2024	London 4.30 pm – 7.00 pm Qatar 7.30 pm – 10.00 pm	Session 31 – Final Presentation	11	150 minutes



Classes are all  
conducted via  
Zoom.

Joining information will be shared after the completion of the registration process.



## CONTACT US

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